

What is epilepsy?

The Driver and Vehicle Licensing Agency (DVLA) driving regulations define epilepsy as having two or more epileptic seizures more than 24 hours apart. Visit [gov.uk/guidance/neurological-disorders-assessing-fitness-to-drive#epilepsy-and-seizures](https://www.gov.uk/guidance/neurological-disorders-assessing-fitness-to-drive#epilepsy-and-seizures)

What does this factsheet cover?

This factsheet only covers the driving regulations for epilepsy for Group 1 licences. It does not cover other types of licence, isolated or provoked seizures, or seizures caused by changing or coming off medication.

Other types of licence

The medical standards for driving under a Group 2 licence are different from that for Group 1.

Provoked seizures

'Provoked seizures' are seizures caused by a specific event or situation that is not likely to happen again. Seizures due to lack of sleep are **not** usually considered 'provoked'.

Isolated seizures

An 'isolated seizure' is a first and single, unprovoked seizure in a person who has not had any other unprovoked seizures during the past five years. This also includes more than one seizure if all of the seizures happened within a 24 hour period.

Seizures when stopping or changing medication

These are seizures that happen when someone's seizures have previously been fully controlled, and they stop or change their epilepsy medication and have a seizure.

Visit [epilepsysociety.org.uk/driving](https://www.epilepsysociety.org.uk/driving) for full details of the driving regulations for epilepsy.

Terms and what they mean

Group 1 licence: for drive cars, mopeds, and motorbikes.

Group 2 licence: for large lorries and buses.

Asleep seizures: seizures that happen when you are asleep, while you are falling asleep, or as you are waking up from sleep. They are sometimes called 'nocturnal seizures' as they usually happen at night, but the term 'asleep seizures' may apply if you sleep in the daytime as part of your normal routine (for example if you do shift work).

Awake seizures: seizures that happen when you are awake. This includes seizures that affect your consciousness if they start when you are awake.

How does this affect me?

The flow chart over the page only applies to you if you meet the DVLA's definition of epilepsy (see above) and it only covers Group 1 regulations.

If your situation changes (for example if you have been seizure-free and you have a seizure, or you have a different seizure to your normal seizures) you may need to start at the top of the flow chart again.

If you are not sure if or how these regulations apply to you, you can call our helpline to talk through your situation (see contact details below). Alternatively, you can contact the DVLA directly.

In Great Britain, call the DVLA medical enquiries on 0300 790 6806 or visit [gov.uk/driving-medical-conditions](https://www.gov.uk/driving-medical-conditions)

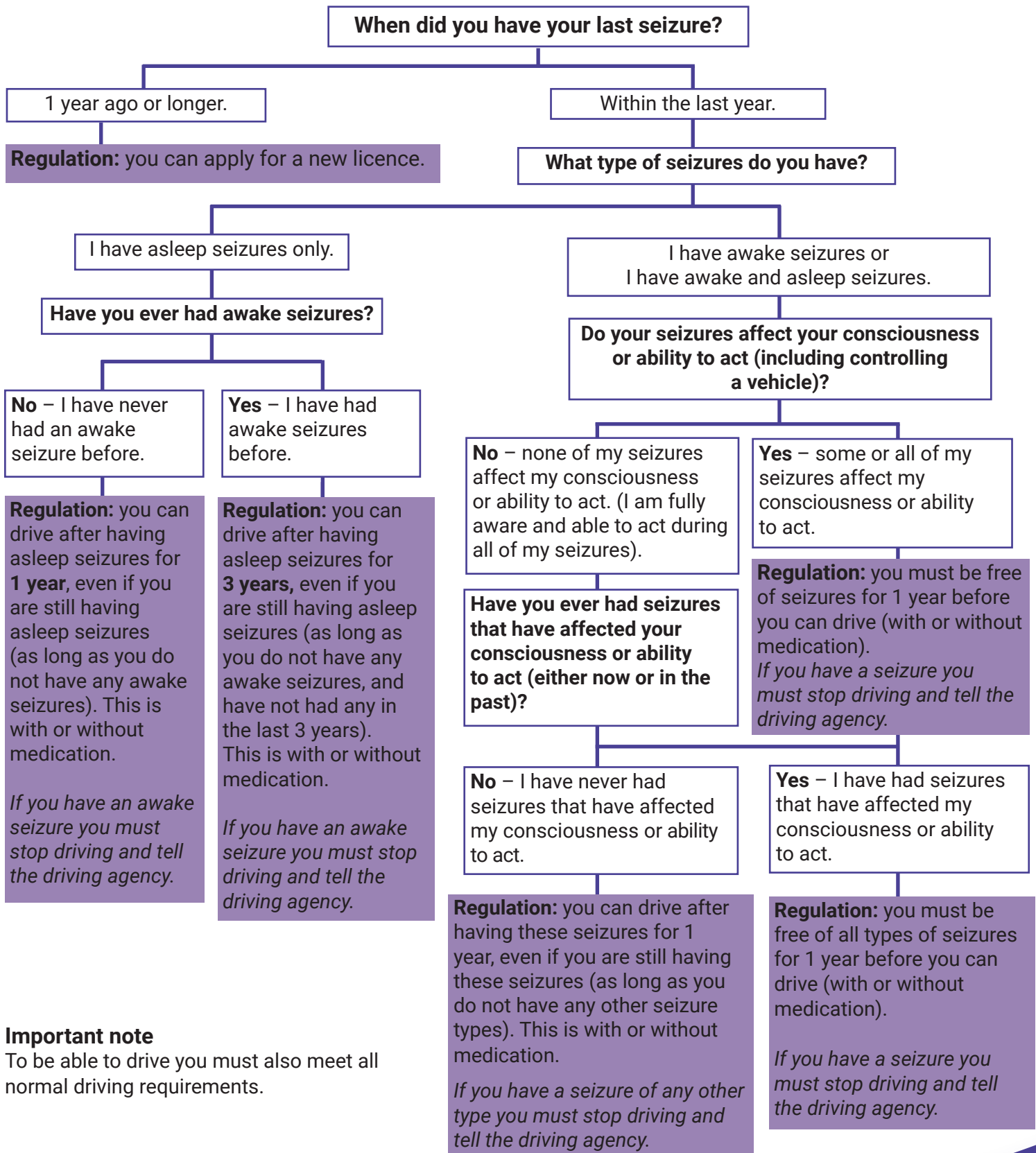
In Northern Ireland, call the Driver and Vehicle Agency (DVA) on 0300 200 7861 or visit [nidirect.gov.uk/motoring](https://www.nidirect.gov.uk/motoring)

This factsheet summarises the driving regulations for Group 1 driving licences (cars, motorcycles, and mopeds) and includes a flow chart to help you see how the regulations apply to you.

Helpline 01494 601400
Confidential, national call rate.
Information and emotional support.
Visit [epilepsysociety.org.uk/helpline](https://www.epilepsysociety.org.uk/helpline)
for opening hours.

How do the driving regulations affect me?

The chart below is designed to show you how the Group 1 driving regulations for epilepsy apply to you. Start at the top and answer each question in turn to find which regulation applies to you. In all cases, you must tell the driving agency about your situation, as they may need to confirm that you can drive, or if you need to reapply for your licence before you can drive again.



Important note

To be able to drive you must also meet all normal driving requirements.

Every effort is made to ensure that all information is correct at the time of printing. Please note that information is intended for a UK audience. This information is not a substitute for advice from your own doctors. Epilepsy Society is not responsible for any actions taken as a result of using this information.