



# **Going to see your doctor**



People with epilepsy have to see a doctor about their epilepsy.



Some people have 2 doctors:



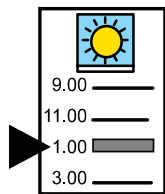
1 doctor for any health problem. This is a GP.



1 special doctor for their epilepsy.



Your epilepsy doctor may be a neurologist.



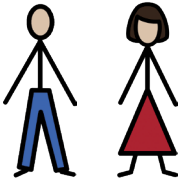
Appointments with these doctors are very important.



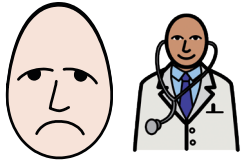
**The GP asks Robert to come in.**



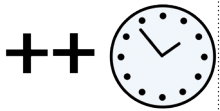
## Your rights



You can ask to see a man or a woman doctor.

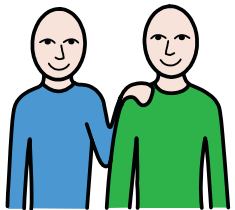


You can ask to see another doctor if you don't like yours.

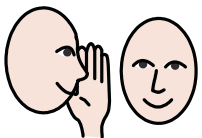


You can ask for more time with your doctor if you need it.

You can take someone with you if you want to.



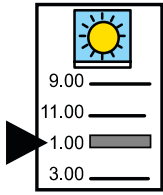
This can be:  
a friend or carer  
a member of your family  
a support worker.



What you talk about with your doctor is private.



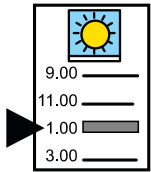
**Ross is talking in private to his doctor.**



You need to make an appointment to see your doctor.



You will see your GP at the local surgery and your epilepsy doctor at the hospital.



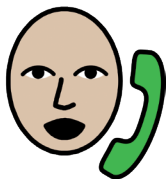
Sometimes you can choose the time and day of your appointment.



Doctors are very busy so you may have to wait a few days.



At the surgery you will have to wait with other people.

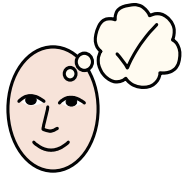


Try to phone your doctor if you are going to be late or miss the appointment.



**In the waiting room.**

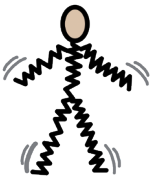




Think about what you want to talk to the doctor about before your appointment.



You can take a list of questions you want to ask. Someone can help you do this.



Do you want to talk about:

- your seizures
- your medication
- how the medication makes you feel
- something else?



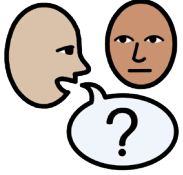
Things to take with you:

- your medication
- seizure chart or diary
- your care plan.



**Looking at Catherine's care plan.**

The doctor may:



- ask you some questions about your epilepsy



- give you a check up



- check your medication is working



- ask you to have some tests



- give you a prescription.



A prescription is for getting more medication.



You have to take you prescription to the pharmacy.



**Robert is having a check up.**



## Helpline

**0300 102 0024**

**helpline@epilepsysociety.org.uk**

### **Epilepsy Society**

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