

# My Health **Passport**



Healthcare staff, please consult this passport before you assess me or carry out any interventions.

Hospital staff, please keep this passport with my notes at the end of my bed and return to me when I am discharged.

## **Personal information**

Name:						
I like to be called:						
Date of birth:						
NHS number:						
If I am a	dmitted to hospital, I would like the following persor	ı to be contac	eted:			
Name:						
Relationship:						
Phone number:						
Other people I would like you to contact in connection with my treatment and care:						
Name:	Relationship:	Phone:				
Name:	Relationship:	Phone:				
I have an Advance Directive: Yes No A really important thing to know about me is:						

IMPORTANT  My medication and my medical his	story:				
Please don't make any changes to my medication without first talking to:					
Name:					
Role:					
Phone number:					
How I would like you to communicate with me:	How I communicate:				
For example, do you need things written down?	For example, do you use Makaton?				
written down:	use makaton.				

# Please do not assume there is nothing wrong with me if I don't express pain the in the same way.

How I experience pain:	How I communicate pain:
For example, do you rub the part of your body that hurts?	For example, do you groan when something is hurting you?
Things I struggle with that cause me distress: For example, are you scared of needles?	Ways to help me avoid distress:  For example, does being told you're getting an injection and you can look away help?

# Other things you should know about me:

Sensory needs:
Special interests you should know about:
Things that make me happy:
Other things you should know about me:

# **About** Epilepsy

### Over 600,000 people in the UK have epilepsy.

Epilepsy is a common and serious neurological condition which affects the brain and nervous system. Seizures always start in the brain and are caused by many different underlying causes, including a person's genetics, a structural change in the brain or from other underlying conditions.

#### MRI unit:

01494 601 360

#### **General enquiries:**

0300 102 0025

#### **Helpline:**

0300 102 0024

### **ESRC Reception (Medical appointments)**

01494 917 170 (outpatients)

### **Gowers Reception**

01494 917 160 (inpatients)



